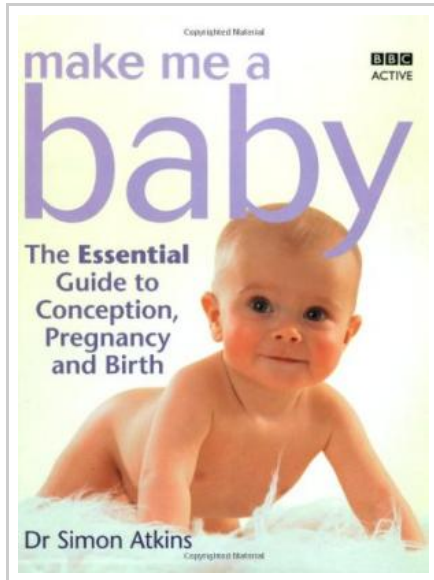




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Make Me a Baby: The Essential Guide to Conception, Pregnancy and Birth

By Cecilia Pyper, Simon Atkins

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Make Me a Baby: The Essential Guide to Conception, Pregnancy and Birth, Cecilia Pyper, Simon Atkins, The only guide you'll ever need to everything you'll ever want to know about conception, pregnancy and birth. In this groundbreaking new book, Dr Simon Atkins unravels the science and presents the latest and most reliable evidence for making babies, having babies and taking them home. Published to tie in with the TV series 'Make Me a Baby', Dr Atkins will enable you to sort the facts from the fiction on the best routes to successful conception. With a step-by-step guide through pregnancy and birth you'll know exactly what to expect at every stage and Dr Atkins' honest and down-to-earth advice will ensure you are perfectly placed to make informed choices in your own and your baby's best interest. Discover the best time for sex for conception. Understand how stress, smoking, drinking and other lifestyle factors may impact on your ability to conceive. Learn how to maintain a healthy pregnancy through the first, second and third trimesters. Find out how to prepare for birth, what to expect during the birth and what will happen during...



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